Edward (E.J.) Williams is an instructor/facilitator, instructional designer and project manager with Forward Momentum, LLC. He has over 20 years of experience in training and process improvement, and over 10 years in human resources and project management. E.J. has engaged intimate audiences of 2-3 for coaching/counseling as well as large audiences of hundreds on an array of topics, from leadership to performance management to skills-based training. With wide-ranging experience that includes 25 years as active duty Air Force and 8 years in the Information Technology, Expeditionary Aircraft Services and Consulting industries, E.J. has and continues to deliver presentations with multiple points of view in mind.